


## PERSONAL INFORMATION

Efsthia Ntrouva

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Sex Female | Date of birth 04/02/1980 | Nationality Greek

## WORK EXPERIENCE

2019 – present Hellenic Ministry of Labour, Social Insurance and Social Solidarity

**Participation in**

- Scientific member of interdisciplinary - interministerial team: "Rebrain - The Intelligent Transition to the Labor Market in the Digital Era"

March 20 – present Panteion University of Social and Political Sciences  
(Department of Sociology)

Researcher at EU project titled "IcARUS" - Horizon 2020 – the Framework Programme for Research and Innovation (2014-2020)

- Research fields: Development of design thinking guidelines that support integration of DT approach in IcARUS- Report describing the state-of-the-art and cross analysis of the priority areas -Elaboration of guidelines to better implement the toolkit for a strategic approach to urban security- Definition of work plan to integrate the toolkit into one of the policy lines of the local security plan

January 20 - present Panteion University of Social and Political Sciences  
Department of Mass media & Culture

Researcher at Erasmus + "MEDIator's- Fostering Intercultural MEDIator's as a practice for establishing communities coalition and mutual understanding"

Researcher: Implementation of research, questionnaires Recording and analysis of questionnaires, Production of statistical data, Participation in the methodological guide for trainees

2018 – present Panteion University of Social and Political Sciences  
**Department of International Relations & European Union**

- Responsible for International Mobility (Erasmus +ICM)
- Project Management and Research in European Projects (Horizon, Erasmus+KA2)

- 2017 - 2019 Anotati Scholi Kalon Technon – ASFA, Athens, Greece
- Project manager in Erasmus+ K2 “@postasis:Virtual Aristic Laboratory project”, Strategic Partnerships for higher education
- 2017-2018 Università degli studi di Genova, Dipartimento di Italianistica, Romanistica, Antichistica, Art e Spettacolo (DIRAAS)
- Researcher in the framework of Erasmus+ Internship as a PhD:  
field of research: "Networks of Greek Communal Communities, Greek Scholars and Orthodox Church 18th-21st Century" and the mobility of ideas through literature and culture between Greek literati and the Italians in 18th-21st Century,
- 1/1/2015 - 11/17 Techniki Ekpedeftiki S.A.
- Managing director and coordinator in EC funded project Erasmus+ "Digital Skills and tools for young female entrepreneurs" project, "DIGIFEM", 2014-1-EL01-KA202-001397.**
- Coordination, monitoring and management of the project and of its activities, data processing, elaboration and submission of reports regarding the progress of project.
- Resercher: **DigiFem: SWOT analysis, skills and competences of female entrepreneurship, female entrepreneurship framework, development of training curriculum**
- 1/9/2015 - 30/11/2015 Technical Training, Bucharest, Romania
- Non-government organization expert study visits and developing hardware for the regional conferences in the context of the project "Promotion of the social and economic integration of women- PROFEM " with ID 129800.  
Material development – research - attendance at conferences
- 1/10/2014 - 31/01/2016 Technical Training, Bucharest, Romania
- Contractual expert
  - Coordination and monitoring of project
- 1/10/2014 – 31/08/2016 Techniki Ekpedeftiki S.A.
- Researcher in Erasmus+ K2: YOUTHCOACH  
Mentoring - vocational guidance
- 31/12/2013 - 31/05/2014 Ministry of Justice Psychiatric Prison Korydallos  
Sociologist. Research for the space and the detention conditions
- 10/2013 - 11/2015 Techniki Ekpedeftiki S.A.
- Expert of organization of studying and material development visit for regionals conferences
- 1/2013 - 5/2013 National University of Athens  
Researcher  
Onsite filming video-life stories of Nigerian Yoruba community in the context of the co-financed by the ESF project titled "Video - stories immigrants"
- 1/2010 - 12/2010 Institute of Local Government  
Administrative Support.
- 9/2006 - 12/2010 Ministry of Press  
Administrative
- 6/2006 – 10/2007 National University of Athens  
Supervision of exams and correction of exercises  
Assisting members I.E.D etc. in pursuit of students, conducting tutorials and laboratory exercises
- 1/10/2004 – 30/11/2013 Techniki Ekpedeftiki S.A.
- Member team of design and monitoring projects and training programs co-funded by ESF (as external partner)

EDUCATION AND TRAINING

|                         |   |
|-------------------------|---|
| 2016 (November) - today | Ph.D. Candidate in the Department of Sociology<br>"Networks of Greek Communal Communities, Greek Scholars and Orthodox Church 18th-21st Century"<br>Panteion University of Social and Political Sciences, (Department of Sociology)<br>Paul-Valery University, Montpellier III (Department of Greek Literature) |
| 2009 - 2013             | Bachelor at Sociology<br>Panteion University of Social and Political Sciences   |
| 2005 - 2009             | Interdisciplinary Master in human and social studies , titled "gender and religion"<br>National Kapodistrian University of Athens / Panteion University of Social and Political Sciences  |
| 1997 – 2002             | Bachelor of Theology<br>National Kapodistrian University of Athens  |
| 15 - 17 June 2015       | Certificate successful tracking in: "Lifelong Advisory and vocational guidance 2020:Modern thematic applications of institution-skills required for the consultants"<br>National Certifying Body Qualifications & Vocational Guidance - EOPPEP (level 5)<br>EOPPEP  |

PERSONAL SKILLS

Mother tongue(s) Greek

|         | UNDERSTANDING       |                     | SPEAKING            |                     | WRITING             |
|---------|---------------------|---------------------|---------------------|---------------------|---------------------|
|         | Listening           | Reading             | Spoken interaction  | Spoken production   |                     |
| English | Independed User, C2 | Independed User, C2 | Independed User, C2 | Independed User, C2 | Independed User, C2 |
| Italian | Independed User, B2 | Independed User, B2 | Independed User, B2 | Independed User, B2 | Independed User, B2 |
| Swedish | basic user, A2      | basic user, A2      | basic user, A2      | basic user, A2      |                     |

Organisational / managerial skills

- Research Management
- Project and technical Management
- Extensive collaboration with international organizations and private sector
- Coordination of exhibitions, outreach events & conferences
- Research experience in national and European projects
- Elaboration, writing , monitoring
- Communication
- Organization
- Team Player
- Creativity
- Social

Digital skills

SELF-ASSESSMENT

|  | Information processing | Communication   | Content creation | Safety          | Problem solving |
|--|------------------------|-----------------|------------------|-----------------|-----------------|
| SPSS   | Independed User        | Independed User | Independed User  | Independed User | Independed User |
| Office (Word, Excel, Power Point, Access, Outlook) | Independed User        | Independed User | Independed User  | Independed User | Independed User |

ADDITIONAL INFORMATION

## Publications

1. V.-A. Fournari, E. Ntrouva (2018), "National integration mechanism and government effectiveness: the relationship between tax and citizen", The Development of political science: European practices and national perspectives, Department of Political Science and Public Administration, Faculty of History, Political Science and International Relations, Yuriy Fedkovych Chernivtsi National University (II panel: Regional political practices and their institutional dimensions on micro, mezzo, and macro levels), Ukraine.
2. The tripartite weighting at the University of Third Generation of Social Sciences», 3rd Panhellenic Conference on Sociology of Education, School of Humanities, Social and Education Sciences of European University Cyprus, Cyprus.
3. « Social spreading of "metadata "in large databases », Sociology and its public role at the time of the transformation of the world, 6th Regular Congress, Hellenic Sociological Society (CSR), Greece.
4. Presentation in 3rd Panhellenic Conference on Sociology of Education with title "Corporate property (belongings/holdings/fortune) of a University at the Third Generation of Social Sciences" in the frame of workshop "Organization and Operation of Public and Private Education (Primary, Secondary, Higher)" European University of Cyprus, 27-28 April 2018
5. Participation as an auditor in the «First WID.world Conference». Paris School of Economics , 14-15 December 2017
6. 5th International eLife Scientific Conference on: "Women entrepreneurship and the internet". June 2016
7. Keynote speaker at the conference to promote the social and economic integration of women on: «Domestic violence against women - Law provisions and supportive structures». Sibiu – Romania. October 2015
8. Keynote speaker at the conference to promote the social and economic integration of women on: «Women in first level economy - Stereotyped presentations of women in art and media». Bucharest – Romania. October 2015
9. IKY / National Coordination Unit Erasmus + Technical Conference for the submission of final reports KA 2014
10. IKY / National Coordination Unit Erasmus + Conference on "Learning in the Workplace. An innovative practice of vocational education and training with emphasis on apprenticeship "

**Certifications/diplomas upon request**